



2017 – Swim-EAU-thon



INDIVIDUAL REGISTRATION FORM

Participation Requirements:

In order to participate in the Swim-EAU-thon, you must swim for a distance of 1500m in any style. Funds collected through the activity will be donated to the Bureau Régional d'Action Sida de l'Outaouais (BRAS) and to Bruce House Ottawa. You must also sign the waiver found below.

Your identification number will be assigned
when you register:

Participant

Surname:

First Name:

Address:

City:

Province:

Country:

Postal Code:

Telephone: (home)

(office)

Age : (on March 25th, 2017)

Email:

I expect to swim 1500m in _____minutes_____seconds.

No time to submit.

Waiver:

Being bound by this document, I certify that I am in good physical condition and that my physician has not advised to the contrary. I acknowledge that I am aware of all the risks associated with the Masters Swimming Program (training and competition), including disability and death, and that I accept them. As a condition to my participation in the Swim-EAU-thon, I surrender any right to claim for loss or damage arising from my participation or any related activity. I am bound without limit to the Fédération de natation du Québec, Masters Swimmers Ontario, Swimming Canada, Ottawa Rideau Speedeaus d'Ottawa, the organizers of the Swim-EAU-thon or its coordinators or any person acting as official or volunteer at the Swim-EAU-thon or supervising its activities.

Signature: _____ Date: _____

Please E-mail the completed registration form to nrss.regist@hotmail.ca.